SPINAL RESEARCH ALPINE CHALLENGE (8-11 OCTOBER 2020)
ITINERARY EXAMPLE

The Alpine Challenge includes routes that take in the mountains behind the mountains, exploring Chamonix’s hidden valleys while covering peaks twice the height of Ben Nevis in breath-taking scenery!

8 October – Arrive in Chamonix late afternoon to enjoy an evening in the chalet, discussing the upcoming challenge over a delicious meal.

9 October – After breakfast, we set off on a steep hike that takes us up high above the Chamonix Valley with views of the Mont Blanc massif before heading to a beautiful remote plateau where we begin our ascent to a summit above 2,000 metres... twice the height of Snowdon. After a short rest, we will descend back to the chalet in Chamonix for dinner and drinks as well as a good night’s sleep.

10 October – An early start as we take on another big peak close to the Chamonix Valley, high above the tree line and with views across huge glaciers. Taking on another peak above 2,600 metres, which is twice the height of the UK’s highest point, we will be able to see across to other iconic mountain ranges in the Alps. After lunch, we will descend back to the Chamonix Valley and the chalet for a well-earned three-course meal & drinks after climbing combined heights of over 4,000 metres.

11 October – Depart Chamonix and return home to UK.

Although no technical mountaineering experience is needed, a good level of fitness is required for this challenging alpine trek. You will also need a sense of adventure (and humour) for overnight in the refuge!

You will need to carry your own pack including snacks, lunch & water as well as your own overnight kit for the stay in the refuge.
Guides:
In addition to experienced CHX staff, we also work with the very best, world-class local guides from the Chamonix Valley. The guides will plan the routes, ensure everyone’s safety at all times and teach you about the surrounding environment.

Accommodation:
You will stay in a 5* luxury chalet not far from Chamonix centre. The chalet is the perfect place to relax after an exhausting day in the mountains, including a hot tub for tired legs. Our resident chef will provide 3 course meals, catering for dietary preferences and requirements.

Logistics & Details:
- Day pack to be carried by participants
- Picnic lunches provided on trek plus breakfast and an evening meal each day
- Full kit list provided: warm clothing & good quality hiking boots are required

Cost: £650+VAT per person (in return for £1,000 fundraising for Spinal Research)

Included:
- 3 nights fully-catered in luxury chalet in Chamonix valley
- Guiding costs with English-speaking, local mountain guides
- CHX staff on-hand to support you throughout, including a pre-event meeting

Contact: robbie@chxchallenge.com / +44(0)7852735052
“The stories, camaraderie and fun have been great and the setting and location could not have been bettered... As echoed by everyone at dinner last night, this truly has been the trip of a lifetime.”

Group CEO, The RPA and Restart

“What people have said after a CHX challenge...

“As the sun sets on an incredible week in our lives, I just wanted to thank you all once more. Put simply, it is one of the very best things a Bridgepoint group has ever done – at least in my 18 years. This week you gave us many gifts including your time, expertise, humour, energy and patience.”

Partner, Bridgepoint Capital

“I highly recommend CHX. It is a life changing experience. Thanks to Damien, Ali and the entire CHX team for two wonderful days. We will be back!”

Managing Partner, Latham & Watkins